

LA Exodus: SPOKE

December 16-18, 2016

at the Ace Hotel in Palm Springs

SCHEDULE OVERVIEW*(Subject to change)

Friday, December 16

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| 3:00 pm | Ace check-in begins |
| 4:00-5:30pm | Crafts and Kid Supervision |
| 5:30-5:45 pm | Early Bird Candle-lighting
Get in gear for Shabbat with candle lighting and song. |
| 6:00-9:00pm | Dinner (at Kings Highway or in town) |
| 9:00 pm -9:30pm | Night Owl Candle-lighting
Get in gear for Shabbat with candle lighting and song. |
| 9:30 + | Drinks, Music and Campfire Sing-Along
There's nothing like a campfire sing-along with professional musicians to accompany you. |

Saturday, December 17

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| 8:00 - 9:00am | Yoga
Start the morning off aligned with Yoga taught by Leah Lion. |
| | Tot Shabbat and Youth Supervision |
| 9:00 – 9:45am | Breakfast |
| 9:45am – 11:00am | Moorten Botanical Garden and Cactarium Experience
Meet at the Commune entry gate at 9:45am for a 5-10 minute walk to the Moorten Botanical Garden, where we will be guided by a Master Garden docent, and led in a desert meditation by Alison Morse to set our Shabbat Morning intentions. |
| 11:15 – 12:15pm | Morning Services De/reconstructed |

Take time for the soul as we sing together and pluck out juicy tidbits of Shabbat wisdom centered around our weekend theme of SPOKE.

- 12:15 – 1:30pm **Lunch and pool time**
- 1:30-5:30pm ***Self-guided visit to the Children’s Discovery Museum of the Desert**
- 1:30-3:30 pm **Indian Canyon Hike**
Discover why Palm Springs gets its name in this hike through Palm Canyon. Kids can hike down to the Palms and hang out, or continue as far as they like. More adventurous folks can do a loop back to the Indian trading post. Note: Water for purchase, no potable water. Port-o-Pottie bathrooms on site and at the Palms.
- 3:30-4:30 pm **Mikvah Experience**
Learn about the Jewish ritual of immersion (aside from the Ace Hotel swimming pool) with a tour of Chabad’s Mikvah across the street from the Ace.
- Anxiety Flash Fiction Workshop: Amplify the Worst – for FUN and RELIEF!**
SIJCC Preschool Director, Behavioral Analyst, and Master Storyteller Liz Schwandt teaches us things about writing and feelings.
- 4:30-5:30 pm **Happy Hour and Crafts**
Drink and get crafty.
- 5:30-6:00 pm **Havdallah**
Join together for this brief but poignant ritual that ushers in the end of Shabbat.
- 6:00 pm **Communal Taco Party! (And Kids Supervision)**
- 6:30-8:30 pm **Family Friendly Movie Party**
Giant pillows, big projector, what more could you ask for?
- 9:00 pm **Sabbath Sessions: Ambient Music Meditations**
An ambient vocal music performance by Craig Wedren, good for meditation and live dreaming. “Drop in and connect with the muthafukkin source.”
- 10:00pm **Adult Games**
Cards Against Humanity, Taboo...may the best wo/man win.
- 12am **Sexy Study Hour**

Sunday, December 18

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| 8:00 - 9:00 am | Yoga
Start the morning off aligned with Yoga taught by Lea Lion. |
| 9:00 -9:30am | Closing Circle & Wheel |
| 9:30 - 11:00 am | Brunch |
| 12:00 pm | Ace check out |
| 1:00pm | *Optional Visit to the Children's Museum |